Body Stress Release
Gail van Beest

PRIVACY AND GDPR

Gail van Beest, Body Stress Release (BSR) with Gail is responsible for the processing of personal data as shown in this privacy statement. Personal data is processed in a careful manner in accordance with the requirements of the General Data Protection Regulation (GDPR) as of 25 May 2018.

For a good treatment, it is necessary that I, as your practitioner, create a file. This is also a legal obligation imposed by the Medical Treatment Agreement Act (WGBO). Your secure digital file contains notes about your health status and data on the treatments performed. Your data is used to obtain the most complete picture possible of your state of health. Based on this data, a Body Stress Release treatment is performed. I have a legal duty of confidentiality (medical confidentiality).

I do my utmost to ensure your privacy. This means, among other things, that I:

- Handle your personal and medical data with care
- Ensure that unauthorized persons cannot access your data
- process more personal data than is necessary for carrying out a treatment, tracking your claims and conducting the (financial) administration
- only store your data in the online administration program BSR Manager, which is protected with a login name, password and two-step verification

The data from your file can also be used for the following purposes:

- to be able to call or email you if necessary, to be able to perform our services
- for use for observation, during my absence
- for the anonymised use during peer review
- to prepare an invoice that you will receive from me by e-mail
- to inform other care providers, for example when the therapy has been completed or when referring to another practitioner. This will only happen with your explicit (written) consent
- If I want to use your data for any other reason, I will first inform you and explicitly ask for your permission

The invoice that you receive by email contains the information requested by the health insurer, so that you can claim this invoice from your health insurer if necessary. Details on the invoice:

1. your name, address and place of residence
2. your date of birth and/or relationship number with the health insurer
3. the date of the treatment
4. Performance Code
5. A brief description of the treatment
6. the cost of treatment

As a client, you will always be informed about this privacy statement before the intake takes place.
In addition, this statement is always available and can be read on the website https://bsrwithgail.nl

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The data in your client file will be stored for 20 years, as required by law (WGBO). Invoice data is stored for 7 years (in accordance with Tax and Customs Administration guidelines)

You have the right to view personal data, to correct it, to have the file deleted or to have it forwarded to another practitioner. In addition, you have the right to withdraw any consent to the data processing or to object to the processing of your personal data by Body Stress Release (BSR) with Gail. You must submit a written request to me for this.

You can send a request for inspection, correction, deletion, data portability of your personal data or a request for withdrawal of your consent or objection to the processing of your personal data to bsrwithgail@gmail.com

Cookies
Body Stress Release (BSR) with Gail does not use cookies for the website https://bsrwithgail.nl

Security
Body Stress Release (BSR) with Gail has taken the following measures to secure personal data:

- TLS (formerly SSL) The sending of personal data is done via a secure internet connection. This is visible in the address bar 'https' and the padlock in the address bar.
- For the processing of the data, use is made of, among other things, the software service BSRManager, with which a processing agreement has been concluded according to GDPR standard.

Body Stress Release (BSR) with Gail takes the protection of your data seriously and takes appropriate measures to prevent misuse, loss, unauthorized access, unwanted disclosure and unauthorized modification. If you have the impression that your data is not properly secured or there are indications of abuse, please contact me immediately at bsrwithgail@gmail.com

Changes to the privacy statement
Body Stress Release (BSR) with Gail may amend this privacy statement. New versions are always published on the website. I therefore recommend that you consult this statement regularly so that you stay informed of any changes.

This privacy statement was last updated on **10-02-2026**.

Client name:	Practitioner name: Gail van Beest
Client signature:	Practitioner signature: